



How to give EpiPen®

(with blue safety release and orange needle end)

1. Form fist around EpiPen® and pull off BLUE SAFETY RELEASE.

2. Place ORANGE end against outer mid-thigh (with or without clothing).

3. PUSH DOWN HARD until a click is heard or felt and hold in place for 10 seconds

REMOVE EpiPen®. Massage injection site for 10 seconds

Translations of “ASCIA First Aid for Anaphylaxis” and “How to give EpiPen” were supported by an educational grant from Alphapharm.