How to give EpiPen®
(with blue safety release and orange needle end)

1. Form fist around EpiPen® and pull off BLUE SAFETY RELEASE.

2. Place ORANGE end against outer mid-thigh (with or without clothing).

3. PUSH DOWN HARD until a click is heard or felt and hold in place for 10 seconds.

4. REMOVE EpiPen®. Massage injection site for 10 seconds.

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