



## How to give EpiPen<sup>®</sup>

(with blue safety release and orange needle end)

- 1. Form fist around EpiPen® and pull off BLUE SAFETY RELEASE.
- 2. Place ORANGE en d against outer mid-thigh (with or without clothing).

3. PUSH DOWN HARD until a click is heard or felt and hold in place for 10 seconds

4. REMOVE EpiPen<sup>®</sup>. Massage injection site for 10 seconds

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